

Rectal Administration

(aka Booty Bumping, Boofing, or Plugging)

What is it?

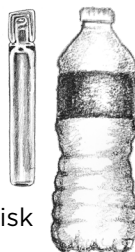
Instead of eating, snorting, or injecting drugs, for example, rectal administration uses the rectum (butthole, anus) as a route of administration. The drugs are absorbed by the many blood vessels in the rectum. Taking drugs through the rectum has been done by people who use drugs for decades.

Why do it?

It's usually quick and easy for most people. You get a fast hit and rush that's usually stronger than smoking but not as strong as injecting. Switching routes of administration helps to not cause too much damage through only one route. If someone is always snorting their drugs instead of snorting and smoking them, they're likely to have more damage to their nose. The body needs time to heal after using drugs especially through the nose, veins, muscle, and rectum. If your veins are used up and it becomes harder to inject, this might be a better route. If you have a shot that is beginning to clot or you just can't hit this method works well and you don't lose your drugs.

What do I need?

- Something to mix your drugs (like a cooker)
- A barrel or oral syringe (1ml with a luer slip is recommended, NOT a luer lock)
- Sterile, tap, or bottled water
- Water-based Lube (optional but recommended if you're not used to putting things there. Your spit works if you don't have lube. You don't want to risk a tear!)



3. Draw 1mL clean water into your oral syringe/barrel (1ml is usually plenty) and pour it in the cooker with the drug.
4. Slowly mix the liquid with your drug making sure it dissolves; if it doesn't dissolve you can gently heat the bottom of the cooker with a lighter
5. Draw the mix into the barrel and wipe some lubricant or spit on the end of the barrel to help ease it in
6. Stand, squat or lay on your side in a position that lets you easily reach back.
7. Push out like you're going to fart and push the barrel in about 1-2cm (about the length of a penny)
8. Stop the pushing out motion and slowly squirt in the liquid
9. Take out the barrel and dispose of it in a sharps bin
10. The muscles in your anus act as a seal to prevent leaking but if it helps you can lay down on your side for about 5-10 minutes to let the drugs absorb
11. Done! Always remember to wash your hands and clean up when you finish.



How do I do it?

1. Remember to poop beforehand if you haven't recently so the drugs get absorbed and wash your hands
2. Place your drug in a clean cooker (or fire-safe/heat-safe container if drug needs to be heated to dissolve)
 - If it's in rock or pill form, crushing it helps it dissolve.

For more information & resources
about safer use, visit:
www.nextdistro.org/resources

www.nextdistro.org
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